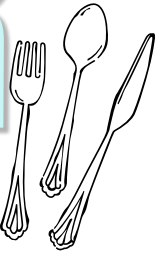
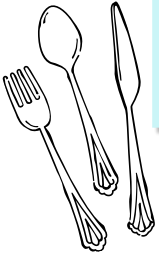


# PLANNER

## Meal



WEEK \_\_\_\_\_

MONTH \_\_\_\_\_

**MONDAY**

**SATURDAY**

**TUESDAY**

**SUNDAY**

**WEDNESDAY**

**SHOPPING LIST**

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**THURSDAY**

**FRIDAY**